





# Automatic Real-time Beat-to-beat Detection of Arrhythmia Conditions

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Abstract: With the spread of Internet of Medical Things (IoMT) systems, the scientific community has dedicated a lot of effort in the definition of approaches for supporting specialized staff in the early diagnosis of pathological conditions and diseases. Several approaches have been defined for the identification of arrhythmia, a pathological condition that can be detected from an electrocardiogram (ECG) trace. There exist many types of arrhythmia and some of them present a great impact on the patients in terms of worsening of physical conditions or even mortality. In this work we present *NEAPOLIS*, a novel approach for the accurate detection of arrhythmia conditions. *NEAPOLIS* takes as input a heartbeat signal, extracted from an ECG trace, and provides as output a 5-class classification of the beat, namely normal sinus rhythm and four main types of arrhythmia conditions. *NEAPOLIS* is based on ECG characteristics that do not need a long-term observation of an ECG for the classification of the beat. This choice makes *NEAPOLIS* a (near) *real-time* detector of arrhythmia because it allows the detection within few seconds of ECG observation. The accuracy of *NEAPOLIS* has been compared to one of the best and most recent work from the literature. The achieved results show that *NEAPOLIS* provides a more accurate detection of arrhythmia conditions.


## 1 INTRODUCTION


The Internet of Things (IoT) is a neologism referring to the extension of the Internet to the world of objects allowing them to collect and exchange data. In the healthcare sector, IoT plays an important role and represents a fertile ground. Indeed, healthcare is evolving, moving from a traditional model in which care was only provided in hospital centers, to a new model, where care is accessible from anywhere. This transition is supported by sensor technology. Nowadays sensors are able to track almost every parameter of the human body, such as blood oxygen level, insulin level, blood pressure, temperature or even chemical balance, and they can be easily used by patients since they do not require special training for use (Dimitrov, 2016).


The main advantages of using IoMT (Internet of Medical Things) are (i) *preventive care*, because the


data collected from patients can help to identify the first symptoms and possible health risks, allowing to act promptly, and (ii) *long-term care and chronic diseases*, because the fact of being able to collect patient data and make them available to health professionals makes treatment procedures much easier, faster and more comfortable. In cases of chronic diseases, being connected is of great help because the devices allow patients to constantly monitor health status indicators, follow therapy independently with higher security and collect biometric data in real-time during therapy.

*ATTICUS* is an example of IoMT system—recently proposed by Balestrieri et al. (2019)—that constantly monitors electrocardiogram (ECG), respiration, temperature, skin response and dynamics of a patient. In *ATTICUS* vital signals are acquired by a smart wearable and automatically analyzed by an Artificial Intelligence (AI) component to detect anomalies and critical health conditions. Such alarms are forwarded to a specialist doctor or can even alert a prompt intervention of hospital staff. Thus, it is of vital importance in *ATTICUS* to have **accurate** and **real-time** analysis of the acquired data.

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In the context of *ATTICUS* we devised *NEAPOLIS*, a **NovEl Approach** for the **autoMatic reaL-time** beat-to-beat **detectIon** of arrhythmia **conditionS**, such as Bundle Branch Block (BBB), Premature Ventricular Contractions (PVC) and Atrial Premature Beats (APB). Arrhythmia can describe a disorder that affects the regularity of the heart rhythm, by observing too fast or too slow rhythm. Arrhythmia can be categorized into two types: atrial and ventricular. Especially this latter kind of arrhythmia may be very dangerous. Therefore, without a continuous monitoring and the right attention, ventricular arrhythmia can lead to sudden cardiac arrest (Elhaj et al., 2016).

*NEAPOLIS* performs the classification of heart beat by extracting a set of features from an ECG trace and providing them to a machine learning component. The common characteristic among all the features that *NEAPOLIS* extracts from the ECG is that they are real-time, *i.e.*, they do not need any long-term observation of the ECG.

A lot of effort has been dedicated by the scientific community to the definition of methods for the automatic detection of arrhythmia conditions (Bai et al., 2019; Jung and Kim, 2017; Pandey and Janghel, 2020; Smisek et al., 2018; Talbi and Ravier, 2016). The accuracy of *NEAPOLIS* has been compared to the approach proposed by Pandey and Janghel (2020) since—to the best of our knowledge—this approach is one of the most accurate in the literature and provides the same 5-class classification of heart beat of *NEAPOLIS*. However, the method proposed by Pandey and Janghel (2020) requires a long-term observation of the ECG, by extracting from features the ECG trace that are computed on the past 20 minutes of the ECG. The unique characteristics of *NEAPOLIS* allows to obtain a classification in a much shorter time. Indeed, in *NEAPOLIS* eleven beats are required to compute all the features used by our approach to perform the classification. Therefore, for a subject with a heart rate value of 60 bpm the first classification can be performed after  $11 \text{ seconds} + \mathbf{t}$ , where  $\mathbf{t}$  represents the computational time of *NEAPOLIS* to build and classify the features vector (that is, however, negligible). An empirical evaluation conducted on the Physionet MIT-BIH arrhythmia database provides evidence of the benefits provided by *NEAPOLIS* also in terms of classification accuracy.

The rest of the paper is structured as follows. Section 2 provides background information on approaches for heart beat classification. Section 3 presents *NEAPOLIS*, while Section 4 and Section 5 report the design and the results of the empirical study we conducted to evaluate *NEAPOLIS*, respectively. Finally, Section 6 concludes the paper.

## 2 BACKGROUND

This section discusses (i) the incidence of arrhythmia conditions on the health status; and (ii) the approaches proposed in the literature for the automatic classification of arrhythmia conditions. The chosen baseline method used in the evaluation of *NEAPOLIS* is described in more details in a dedicated subsection.

### 2.1 Incidence of Arrhythmia Conditions

A bundle branch block can be defined as an abnormality of the electrical conduction system of the heart (Fahy et al., 1996). In case the defect is originated in the left or right ventricles the blocks are further classified into Right BBB (RBBB) and Left BBB (LBBB). Scientific research studies have reported that BBB has been observed in 8% to 18% of subjects with acute myocardial infarction. It has also been associated with an increased risk of complete heart block and sudden death (Kones and Phillips, 1980; Newby et al., 1996). Before the involvement of thrombolytic treatment—that limits infarct size, improves ventricular morphology and function, and decreases mortality—several studies had reported on the incidence of RBBB in patients with acute myocardial infarction (Melgarejo-Moreno et al., 1997). The range of incidence rate was found to be between the 3% and 29% (Col and Weinberg, 1972; Julian et al., 1964).

It was also found that RBBB is usually the manifestation of infarctions. These latter are often accompanied by heart failure, complete AV block, arrhythmias, and a high mortality rate (Atkins et al., 1973; Mullins and Atkins, 1976; Rizzon et al., 1974). With regard to the LBBB, the incidence in the general population is low, approximately 0.6% of subjects developing it over 40 years (Clark et al., 2008; Imanishi et al., 2006). The incidence rate changes if considering patients with chronic heart failure. Indeed, approximately one third of these patients have left bundle branch block (LBBB) on their 12-lead ECG (Baldasseroni et al., 2002; Shenkman et al., 2002).

In the absence of structural heart disease, frequent PVCs have traditionally been considered a benign phenomenon, only requiring medical attention when symptomatic. This understanding has undergone a substantive evolution over the last decade. So-called benign PVCs are now known to have malignant potential in susceptible patients and can manifest as triggers for ventricular fibrillation (VF) and sudden cardiac death (Ip and Lerman, 2018).

Ranging from 20% to 25% of ischemic strokes occur due to embolic complications caused by atrial

fibrillation (Evans et al., 2000; Hart, 2003). In addition, for patients that have experienced ischemic stroke or transient ischemic attacks, in presence of AF they can be exposed to recurrent strokes (Wallmann et al., 2007). Therefore, it is vital to detect paroxysmal atrial fibrillation after stroke or transient ischemic attack and involve anticoagulation treatment in such patients (Hart et al., 2003; van Walraven et al., 2003). This diagnose typically includes a 24 hours continuously monitoring. One of the clues that can lead to an early diagnosis of paroxysmal atrial fibrillation are the occurrence of atrial premature beats (APB). Indeed, in 24-hour ECG recordings frequent APB are correlated to an increased incidence of paroxysmal AF in patients with ischemic stroke (Wallmann et al., 2003).

## 2.2 Classification of Heartbeats

Zhao and Zhang (2005) proposed an approach for the extraction of features that allows a reliable heart rhythm recognition. They basically used two techniques for the features generation: wavelet was used to extract the coefficients of the transform and autoregressive modelling (AR) to obtain the temporal structures of ECG waveforms. Then, wavelet and AR coefficients were concatenated together to form the feature vector for the classification. They evaluated a large set of outputs that include also our target conditions, but they chose to experiment the method on a subset of the available recordings from the MIT-BIH Arrhythmia<sup>1</sup>, a freely accessible and common database of the scientific literature with annotation at heartbeat level. The results showed that the approach provided good performances of classification reaching an accuracy of 99.68%.

Li and Zhou (2016) proposed a method for ECG classification using entropy on Wavelet packet decomposition (WPD) and random forests. The authors also experimented the devised method on the MIT-BIH Arrhythmia database but with a different output because they conducted another kind of experiment, focused on a medical standard, *i.e.*, the EC57:1998 standard (ANSI/AAMI-EC57, 1998). The authors stated that although the coefficients by Discrete Wavelet Transform (DWT) or WPD can reveal the local characteristics of an ECG signal, the number of such coefficients is usually so huge that it is hard to use them as features for classification directly. Therefore, they extracted some high-level features from these coefficients for better classification. In the proposed method, they chose the entropy as high level features extractor from a DWT. The re-

sults reported on an obtained overall accuracy approximately equal to 94.5%.

Another very important set of features is the one proposed by Leonarduzzi et al. (2010), *i.e.*, a set of features derived from the multifractal analysis. The authors stated that this analysis highly suits the analysis of the Heart Rate Variability (HRV) fluctuations, since it gives a description of the singular behavior of a signal. Therefore, the main features of this work are based on the multifractal wavelet leader estimates of the second cumulant of the scaling exponents and the range of Holder exponents, or singularity spectrum. The results demonstrated how these features can be involved in a tool for a precise detection of myocardial ischemia.

Many works from the scientific literature have involved the Fast Fourier Transform (FFT) in their methods for the classification of ECG segments. For instance, Haque et al. (2009) proposed a combination of FFT-based and wavelet features. The main findings achieved by the authors was that the wavelet can provide better indicators—rather than the FFT—of small abnormalities in ECG signals.

## 2.3 The Selected Baseline

We chose as baseline for the evaluation of *NEAPOLIS* the approach proposed by Pandey and Janghel (2020). The choice is not random: the selected approach provides a complete automatic detection of heartbeats in five heartbeat types, including the LBBB, RBBB and PVC, *i.e.*, the same of *NEAPOLIS*. The selected approach is based on a single Long Short-Term Memory (LSTM) Neural Network as model. The inputs to the model were based on higher-order statistics, wavelets, morphological descriptors, and R–R intervals. Thus, 45 features were in charge of describing the electrocardiogram signals. In details, to extract the features, the authors designed a temporal window of 180 samples sized (half of a second on the MIT-BIH Arrhythmia). The window was centered on each R peak, previously obtained thanks to the annotations of each R wave position available from this database. The features have been evaluated only inside this interval.

A 2-fold cross validation was used to evaluate the accuracy of the classification: The entire MIT-BIH arrhythmia database was divided in two folds, *i.e.*, two sub-dataset. Their LSTM model was trained on 40 % (80 % of 50 %) sub-dataset, and 10 % (20 % of 50 %) sub-dataset was dedicated to a preliminary validation phase. The remaining 50 % of the data set was used for testing. After the performance evaluation, the model obtained an overall accuracy equal to 99.37%.

<sup>1</sup><https://archive.physionet.org/physiobank/database/mitdb/>

### 3 NEAPOLIS IN A NUTSHELL

In this section, we present *NEAPOLIS*, an online detector of important arrhythmia conditions, such as BBB and PVC, based on the analysis of heartbeat signals. The high-level workflow of *NEAPOLIS* is depicted in Figure 1.

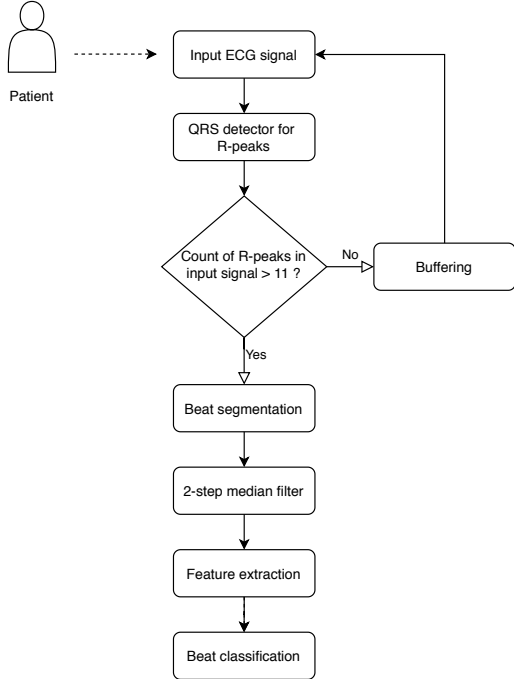


Figure 1: The workflow of *NEAPOLIS* for online beat classification.

Once buffered a small segment—*i.e.*, at least 11 heartbeats—of a single lead digital ECG signal, *NEAPOLIS* operates to compute a beat-to-beat segmentation. Then, a 2-step median filter is applied to get rid of baseline drifts. Finally, *NEAPOLIS*—through specific algorithms—evaluates the features on the signal, scale them and creates the final feature vector to be submitted to the machine learning model as input. Last task of *NEAPOLIS* is to provide a label for the most probable classification among  $N$  (Normal Sinus Rhythm), *RBBB* (Right Bundle Branch Block), *LBBB* (Left Bundle Branch Block), *PVC* (Premature Ventricular Contraction), and *APB* (Atrial Premature Beat). Next subsections describe the main components of *NEAPOLIS* in detail.

#### 3.1 ECG Digital Processing

The digital signal processing embedded in *NEAPOLIS* can be conceptually divided in preprocessing and main processing. Both these procedures are triggered only when a long enough portion of a digital single

lead ECG is buffered. Once these two steps are completed, the features can be extracted from the obtained signal.

##### 3.1.1 Preprocessing

The preprocessing step of *NEAPOLIS* is the same proposed by Pandey and Janghel (2020). Therefore, only the baseline removal has been performed. Specifically, it concerns with the application of two median filters: a median filter of 200 ms is applied on the raw signal, a second median filter of 600ms is applied on the resulting signal from the previous step.

##### 3.1.2 Beat-to-beat Segmentation

This procedure is the same proposed by Pandey and Janghel (2020). Especially, *NEAPOLIS* needs to embed a QRS detector, such as the consolidated algorithm proposed by Pan and Tompkins (1985). Once evaluated each R peak position in the buffered ECG, the segmentation process can start. The procedure is based on the evaluation of a window of 180 samples to be centered on an R peak. After, the selection of the samples included in the window is performed. This leads to the definition of a heartbeat signal, *i.e.*, a sample vector of length 180 centered on an R peak.

#### 3.2 Heartbeat Features

Due to their promising performance in prior similar works, we combined a set of morphological features already used in literature for ECG classification. *NEAPOLIS* differs from the state of the art approaches because of the constraint on the real-time detection. Indeed, only a very limited buffering of an ECG signal is needed so that the detection of arrhythmia is promptly offered. Next subsections describe in detail the features extracted by *NEAPOLIS*.

##### 3.2.1 Energy of Maximal Overlap Discrete Wavelet Transform

The wavelet transform (WT) is a mathematical operator that can be used for the decomposition of time series signals into distinct subsignals. One of the two forms of WT is the DWT. The maximum overlap discrete wavelet transform (MODWT) is a modified DWT. In the MODWT, there is no process of subsampling, therefore leading to a higher level of information in the resulting wavelet and scaling coefficients, when compared to the DWT (Ghaemi et al., 2019). For our purposes, we evaluated the MODWT and then extracted the energy features according to the following steps: (i) selection of a mother wavelet function  $W$

and the decomposition level  $L$ ; (ii) decomposition of the original heartbeat signals according to the specified  $W$  and  $L$ ; and (iii) calculation of the energy of each coefficient in each node in the last level  $L$ . This procedure has also been partially considered in the feature extractor proposed by Li and Zhou (2016). In our case, we used *db2* as Daubechies wavelet function and three levels of decomposition.

### 3.2.2 Autoregressive Model (AR)

As suggested in the method proposed by Zhao and Zhang (2005), we involved the calculation of the Autoregressive model (AR) coefficients of order 4. As outcomes, we evaluated the AR coefficients and the reflection coefficients, using the Yule-Walker estimator (Friedlander and Porat, 1984).

### 3.2.3 Multifractal Wavelet Leader

The goal of multifractal analysis is to study signals that present a point-wise Holder regularity variable, *i.e.*, that may largely vary from point to point. When dealing with a signal, performing the multifractal analysis refers to the estimation of its spectrum of singularities. Therefore, the determination of the spectrum of singularities of a signal is important to analyze its singularities (Leonarduzzi et al., 2010). In case of a real-life signal, it cannot be numerically evaluated due to constraint like finite resolution and the sampling of signals (Lashermes et al., 2005). To overtake this limitation, a multifractal formalism was introduced: the wavelet leaders (Jaffard et al., 2006). In *NEAPOLIS*, we involved the multifractal wavelet leader estimates of the log-cumulants of the scaling exponents.

### 3.2.4 Fast Fourier Transform

Our approach embeds the evaluation of the Fast Fourier Transform on the heartbeat signal. Indeed, FFT represents a method for extracting helpful information out of statistical features of ECG signal.

### 3.2.5 R-R Interval Descriptors

This set of features is basically composed of three features:

- *pre-RR interval*: the distance between the actual and previous heartbeat;
- *post-RR interval*: the distance between the actual and next heartbeat;
- *local-RR interval*: the average of 10 previous pre-RR values.

These features have been proposed by Pandey and Janghel (2020), where they belonged to a larger set of R-R statistical descriptors. We opted to embed in *NEAPOLIS* only the features with an acceptable ECG buffering. Indeed, we avoid to integrate in *NEAPOLIS* the *global-RR interval* presented by Pandey and Janghel (2020) because it represented the average of all the pre-RR values present in the last 20 min. This would have compromised the constraint of *NEAPOLIS* to be a real-time detector.

## 3.3 Beat Classification

Once extracted, the features described in Section 3.2 are normalized, in order to transform the features in a predefined range of values. We also apply a technique of sampling of the instances to deal with data unbalance.

After these further elaborations, the features are provided to a machine learning classifier for the final classification of the heartbeat in  $N$  (Normal Sinus Rhythm), *RBBB* (Right Bundle Branch Block), *LBBB* (Left Bundle Branch Block), *PVC* (Premature Ventricular Contraction), and *APB* (Atrial Premature Beat). *NEAPOLIS* has not been designed for a specific machine learning technique. The only constraint is represented by the use of a supervised technique. During the evaluation of *NEAPOLIS* we experimented several machine learning techniques.

## 4 STUDY DESIGN

The goals of this study are (i) understanding which are the most important descriptors of a heartbeat signal in applications of automatic detection of arrhythmia conditions, such as the *LBBB*, *RBBB*, *PVC* and *APB* and (ii) comparing *NEAPOLIS* with the selected baseline. Thus, our study is steered by the following research questions:

*RQ<sub>1</sub>*: What are the most important features for the beat-to-beat classification of arrhythmia conditions?

*RQ<sub>2</sub>*: Which is the accuracy of *NEAPOLIS*?

With these research questions, we can distinguish two objectives. With *RQ<sub>1</sub>*, we want to understand if some of the features we define can be discarded to obtain a higher classification accuracy while with *RQ<sub>2</sub>* we want to see if *NEAPOLIS* can reach a classification accuracy comparable to similar state of the art methods, especially to those that can be classified as off-line approaches, *i.e.*, that embed features requiring a long-term observation of an ECG.

## 4.1 Context of the Study

The context of our study is represented by the Physionet MIT-BIH arrhythmia database (Goldberger et al., 2000; Moody and Mark, 2001), a state-of-art database widely used in literature as reference data set for arrhythmia detection (Moody and Mark, 2001). It is composed of 48 ambulatory ECG recordings. The acquisition was performed with a sampling frequency of 360 Hz. Each recording has two channels available: one is the modified lead II (MLII) and the other can vary between V1, V2, V4 or V5. Heart-beat annotations were provided by cardiologists. The total number of labelled heartbeats is approximately 110,000 divided into 15 different beat types.

According to a consolidated procedure on this database (Xu et al., 2018), the records with paced beats, namely 102, 104, 107 and 217 have been excluded from the study. The experiment was conducted on the remaining 44 records and considering 5 types of beats annotations: N, LBBB, RBBB, APB and PVC. Figure 2 shows the distribution of such types of beats in the dataset.

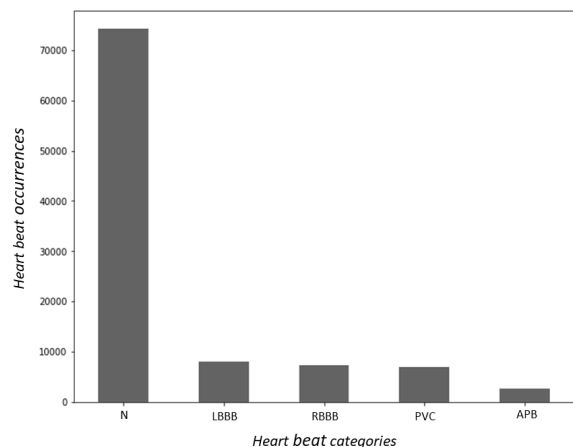


Figure 2: Count of selected heartbeat types from the MIT-BIH arrhythmia database (Moody and Mark, 2001).

## 4.2 Experimental Procedure

This section details the experimental procedure we follow to answer our research questions.

### 4.2.1 $RQ_1$ : Feature Analysis

Using *wfdb*<sup>2</sup> toolkit we extracted raw signals and annotations from the arrhythmia database. Since the annotations contain both R-peak positions and beat types, we used the former information to split the signals in beat segments and the latter to filter beats by

<sup>2</sup><https://archive.physionet.org/physiotools/wfdb.shtml>

the selected types for this study. After this, we pre-processed the signals following the procedure detailed in Section 3.1.1. Finally, we subtracted the filtered signal from the raw one, obtaining a signal with corrected baseline, as depicted in Figure 3.

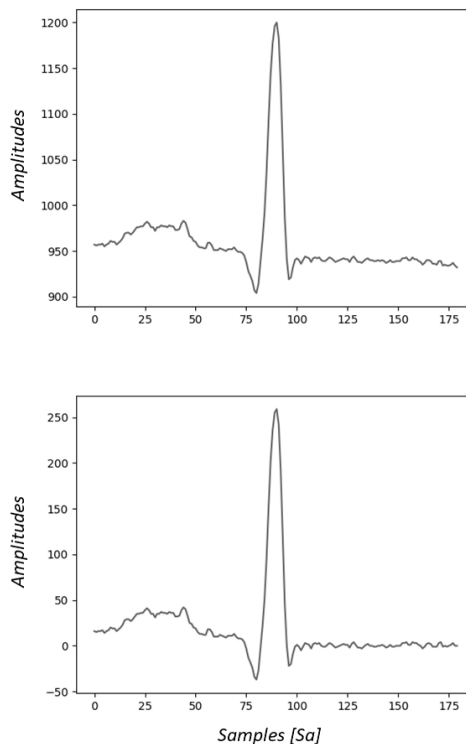


Figure 3: An example of a raw beat (on top) and the same beat with the 2-step median filter applied.

For each ECG segment obtained from the above elaboration steps, we computed the features generation through the algorithms described in section 3. The features vector was therefore composed of the record id (a code used by Physionet to indicate a patient), the computed features and the label indicating the heartbeat class.

To answer  $RQ_1$ , we conducted a features analysis on this data set. The first step has been focused on an analysis based on the Pearson correlation coefficient  $r$ . Indeed, we removed the features having  $r$  greater than 0.9. Afterwards, we did another step of features selection based on importance weights using a tree-based classifier as estimator. The features importance is computed as the contribution of a feature to maximize the split criterion used by the algorithm, also defined as the minimization of the impurity of child nodes, *i.e.*, Gini impurity (Breiman et al., 1984).

In this way, starting from an initial set of 160 features, we selected only 39 and filtered the data set accordingly.

### 4.2.2 RQ<sub>2</sub>: NEAPOLIS Accuracy

With the purpose at answering RQ<sub>2</sub>, we first evaluated the accuracy of NEAPOLIS by using different Machine Learning algorithms such as Random Forest (Ho, 1998), Support Vector Machine (Noble, 2006), k-nearest neighbors (Cunningham and Delany, 2020) and Multi-layer Perceptron (Hinton, 1990). In addition, we distinctly involved in the experimentation two consolidated state of the art approaches for handling with the problem of data unbalance. Specifically, we used (i) SMOTE (Chawla et al., 2002), which makes an over-sampling of the minority class by creating synthetic minority class examples and (ii) Tomek’s links, an undersampling techniques presented by Tomek (1976). We also tested standardization and scaling techniques based on the type of classifier used. For example, we used standardization with Support Vector Machine and *min-max* scaling with Random Forest.

Once identified the best configuration for NEAPOLIS, we compare its accuracy with our baseline (Pandey and Janghel, 2020). The two approaches have been compared by using the following class-level metrics:

- **Sensitivity**, *i.e.*, the number of correctly classified positive instances divided by the sum between the number of instances correctly classified as positive and the instances misclassified as negative, computed as  $\frac{TP}{TP+FN}$
- **Specificity**, *i.e.*, the number of correctly classified negative instances divided by the sum between the number of instances correctly classified as negative and the instances misclassified as positive, computed as  $\frac{TN}{TN+FP}$
- **Precision**, *i.e.*, the number of correctly classified positive instances divided by the total number of instances classified as positive, computed as  $\frac{TP}{TP+FP}$
- **F1**, *i.e.*, the harmonic mean of precision and recall, computed as  $\frac{2 \times TP}{(2 \times TP) + FN + FP}$

As for the validation, we followed the same protocol as the one proposed in our baseline (Pandey and Janghel, 2020), *i.e.*, a stratified split of the data set in two sub data sets, namely DS1 and DS2. The result of the stratified split procedure is that both DS1 and DS2 contains a proportional number of instances, based on classes (*i.e.*, the beat types). Such a decomposition of the data set is depicted in Table 1.

In this way, we obtained two sub data sets where DS1 was used for training and DS2 for testing only. According to the validation protocol exhibited by Pandey and Janghel (2020), the training set in turn

Table 1: Stratified split of the data set used for the classification experiment.

| Beat type    | DS1           | DS2           |
|--------------|---------------|---------------|
| APB          | 1,269         | 1,269         |
| LBBB         | 4,023         | 4,023         |
| N            | 37,109        | 37,109        |
| RBBB         | 3,606         | 3,607         |
| PVC          | 3,440         | 3,440         |
| <b>Total</b> | <b>49,447</b> | <b>49,448</b> |

was further split in 80% and 20% for a preliminary validation. In this way, for each model, in the training phase it is performed a preliminary validation on DS1. Then, the final testing was performed on DS2.

To avoid any convenient split of the original data set into DS1 and DS2, we have repeated the splitting process several times, in order to have results less affected by the randomness. Especially, we selected 1,000 random seeds and then for each seed we repeated (i) the stratified split in DS1 and DS2 and (ii) the individual split of DS1. This means that we chose to repeat the complete validation protocol for 1,000 times and average the results accordingly.

## 5 ANALYSIS OF THE RESULTS

This section describes the results achieved aiming at answering our research questions.

### 5.1 RQ<sub>1</sub>: Feature Analysis

The main results of the experiment conducted to answer RQ<sub>1</sub> are depicted in Figure 4. We used a Random Forest classifier with a threshold of  $1.25 * median$  of the features importance. Specifically, in the figure we exhibit the five features with the highest weight.

In details, we obtained that the feature with the highest weight is the first reflection coefficient from the AR model. Almost with the same weights, we can find the fourth descriptor from the MODWT model and the *pre-RR interval*. Finally, the first and third coefficients, from the FFT, are also included in the top-5 ranking.

### 5.2 RQ<sub>2</sub>: NEAPOLIS Accuracy

As designed, we experimented several machine learning technique to identify the best configuration for NEAPOLIS. The best configuration found is the one composed of SMOTE, *min-max scaler* and *Random Forest*, this latter set with 100 estimator trees. The classification accuracy achieved by NEAPOLIS using

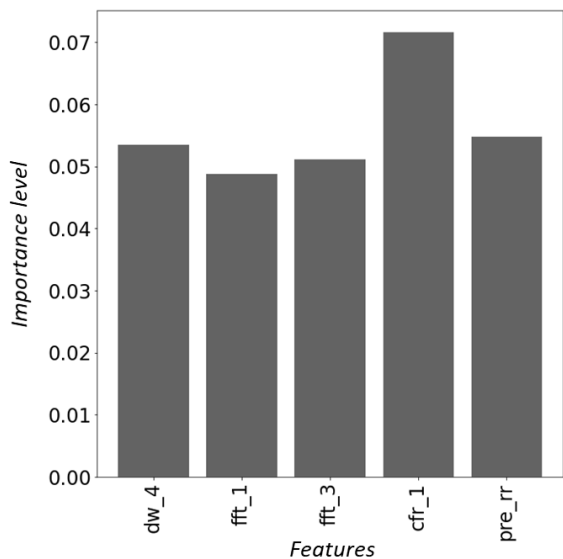


Figure 4: Top five selected features using importance weight.

such a configuration is reported in Table 2. It is worth noting that such a configuration of *NEAPOLIS* is used for the comparison with our baseline.

Table 2: *NEAPOLIS*'s classification metrics computed on the validation set *DS2*. Those values are averaged among the 1,000 runs of our validation protocol.

| Beat type  | Sensitivity  | Specificity  | Precision    | F1           |
|------------|--------------|--------------|--------------|--------------|
| APB        | 90.48        | 99.81        | 92.49        | 91.47        |
| LBBB       | 98.53        | 99.96        | 99.50        | 99.01        |
| N          | 99.34        | 98.29        | 99.43        | 99.39        |
| RBBB       | 99.18        | 99.97        | 99.68        | 99.43        |
| PVC        | 98.28        | 99.61        | 95.02        | 96.62        |
| <b>avg</b> | <b>97.16</b> | <b>99.53</b> | <b>97.22</b> | <b>97.18</b> |

Table 3 reports the comparison—in terms of overall accuracy—between *NEAPOLIS* and the selected baseline. Considering the average of the overall metrics, *NEAPOLIS* outperforms the state of the art baseline method in terms of sensitivity, specificity, precision and F1 score. In particular—with regards to the sensitivity and F1 score—the improvement is greater than 2% and 1% respectively.

Table 3: Comparison of *NEAPOLIS* with the chosen baseline (Pandey and Janghel, 2020) in terms of Sensitivity, Specificity, Precision and F1 score.

| Avg metrics | <i>NEAPOLIS</i> | (Pandey et al., 2020) | Delta  |
|-------------|-----------------|-----------------------|--------|
| Sensitivity | 97.16           | 94.89                 | + 2.27 |
| Specificity | 99.53           | 99.14                 | + 0.39 |
| Precision   | 97.22           | 96.73                 | + 0.49 |
| F1 score    | 97.18           | 95.77                 | + 1.41 |

Performing a class level analysis (see Table 4), what emerges from the classification results is that

Table 4: Comparison of *NEAPOLIS* with the chosen baseline (Pandey and Janghel, 2020) at class level in terms of Sensitivity, Specificity, Precision and F1 score.

| Class <i>N</i>    |                 |                       |        |
|-------------------|-----------------|-----------------------|--------|
| Metrics           | <i>NEAPOLIS</i> | (Pandey et al., 2020) | Delta  |
| Sensitivity       | 99.34           | 99.31                 | + 0.03 |
| Specificity       | 98.29           | 96.45                 | + 1.84 |
| Precision         | 99.43           | 98.84                 | + 0.59 |
| F1 score          | 99.39           | 99.07                 | + 0.32 |
| Class <i>LBBB</i> |                 |                       |        |
| Metrics           | <i>NEAPOLIS</i> | (Pandey et al., 2020) | Delta  |
| Sensitivity       | 98.53           | 97.52                 | + 1.01 |
| Specificity       | 99.96           | 99.92                 | + 0.04 |
| Precision         | 99.50           | 99.05                 | + 0.45 |
| F1 score          | 99.01           | 98.28                 | + 0.73 |
| Class <i>RBBB</i> |                 |                       |        |
| Metrics           | <i>NEAPOLIS</i> | (Pandey et al., 2020) | Delta  |
| Sensitivity       | 99.18           | 98.97                 | + 0.21 |
| Specificity       | 99.97           | 99.93                 | + 0.04 |
| Precision         | 99.68           | 99.05                 | + 0.63 |
| F1 score          | 99.43           | 99.01                 | + 0.42 |
| Class <i>PVC</i>  |                 |                       |        |
| Metrics           | <i>NEAPOLIS</i> | (Pandey et al., 2020) | Delta  |
| Sensitivity       | 98.28           | 95.18                 | + 3.10 |
| Specificity       | 99.61           | 99.63                 | -0.02  |
| Precision         | 95.02           | 95.07                 | -0.05  |
| F1 score          | 96.62           | 95.13                 | + 1.49 |
| Class <i>APB</i>  |                 |                       |        |
| Metrics           | <i>NEAPOLIS</i> | (Pandey et al., 2020) | Delta  |
| Sensitivity       | 90.48           | 83.48                 | + 7.00 |
| Specificity       | 99.81           | 99.79                 | + 0.02 |
| Precision         | 92.49           | 91.64                 | + 0.85 |
| F1 score          | 91.47           | 87.37                 | + 4.10 |

*NEAPOLIS*, with regard to the *LBBB* class, shows an improvement greater than 1% and 0.5% only for Sensitivity and F1-score respectively while for the other metrics the results are almost the same. As far as *RBBB* class, *NEAPOLIS* shows a slight improvement for all the classification metrics except for the Precision that has a delta greater than 0.5%. *PVC* Class is the only one that has registered a decrease—that however does not exceed 0.05%—in terms of Specificity and Precision. On the contrary, *NEAPOLIS* shows a significant impact in terms of Sensitivity and F1 score for the same class, *i.e.*, greater than 3% and 1% respectively. With respect to the *APB* class, the improvement of *NEAPOLIS* is not significant in terms of Specificity and Precision but very high in terms of Sensitivity and F1 score, *i.e.*, equal to 7% and greater than 4%, respectively. Finally, for what concerns the *N* class, *i.e.*, the normal heart beats, *NEAPOLIS* outperforms—even slightly—the baseline method in terms of all the classification metrics.

## 6 CONCLUSION

We have presented *NEAPOLIS*, an automatic real-time detector of arrhythmia conditions that works at heartbeat level. Thanks to the combination of techniques of (i) signal processing, (ii) features analysis and (iii) machine learning, *NEAPOLIS* has shown better results than one of the most accurate state of the art method. Specifically, in terms of average classification metrics, *NEAPOLIS* outperforms the baseline work presented by Pandey and Janghel (2020).

The main advantage of *NEAPOLIS*—with respect to state of the art tool—is that it can be easily involved in online scenarios of modern IoMT systems. Indeed, the proposed approach embeds only features that allow to obtain a prompt early diagnosis of arrhythmia conditions. In few words, *NEAPOLIS* does not embed features that need a long-term buffering and elaboration of the ECG.

As part of our future agenda, we aim at improving the validation technique by involving a scheme that avoids the random split, *i.e.*, that separates the data between train and test belonging to the same subject. In addition, we will try to improve the accuracy of *NEAPOLIS* by performing a fine tuning of the parameters of the machine learning models. We also plan to experiment Artificial Neural Networks as machine learning technique.

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